



Teach Social! PAC

A Social Learning Program of Pilgrim Area Collaborative Extended Services

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www.pilgrimac.org

PACES

Deb Booth, M.Ed., Director

Learning Beyond the Classroom

Fall 2021 Social Learning Groups

What are social learning groups?

Social learning groups support students in developing critical skills to find success socially, emotionally, personally, and academically. Groups are designed to help increase cognitive flexibility and provide strategies and tools to foster self-awareness, self-regulation, and social interactions.

What makes Teach Social PAC! Different from other social groups?

We use multiple approaches to inform our instruction such as Michelle Garcia Winner's Social Thinking™, Acceptance Commitment Therapy™, Mindfulness and supporting students in learning and exploring the way their own minds work. Our guiding philosophy is to empower each student to gain a better understanding of their behavior and develop strategies to support their overall success toward their personal goals.

Making Connections Social Learning Groups



Elementary Groups

During these programs students will build foundational social skills through a variety of STEM challenges. Through instruction, students will gain a better understanding of the brain and its function, exploring strategies to manage their bodies and minds (mindfulness) and develop grit and a hard-working approach to problem solving (growth mindset). While meeting a variety of challenges within the curriculum, individual students will work on

developing the foundational skills of:

- Whole Body Listening
- Personal Space
- Sharing & Turn Taking
- Problem Solving, Compromise & Cooperation
- Interacting with Peers
- Sportsmanship
- Being Flexible

Schedule: October 4th – December 16th (9 sessions)

Day/Time: Grades K-2 Thursdays, 4:30-5:45 (no sessions 11/11, 11/25)
Grades 3-5 Tuesdays, 4:30-5:45 (no session 11/2, 11/23)

Location: Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360

Cost: \$250 *plus a one-time annual non-refundable \$25 registration fee*

Instructor: Christine Blanchard, M.Ed.

Christine holds a Master's degree in Early Childhood Education and Massachusetts Licenses in Early Childhood Education and Moderate Special Needs. Christine has training in Social Thinking™ through various conferences sponsored by Michelle Garcia Winner, participated in training provided by the Massachusetts Department of Education on Social Emotional Learning, and completed course work at Bridgewater State University in Neuroscience and its impact on education with an emphasis on growth mindset and mindfulness. Currently, Christine is an integrated preschool teacher for Plymouth Public Schools.



Middle School Group

This group will focus on the foundational skills of social interactions (listening & responding) with an emphasis on age-appropriate conversations while learning "social rules". Participants will have the opportunity to practice various social skills (cognitive flexibility, frustration tolerance, self-advocacy, perspective taking) in a natural environment enriched with activities that are of interest to middle schoolers. Problem solving and self-regulation strategies will be woven into each week. This program is designed for those students who currently participate in supportive special education

programs and may be functioning below age/grade level expectations.

Schedule: October 7th – December 16th (9 sessions)
Day/Time: Thursdays, 4:30-5:45 (no session 11/11, 11/25)
Location: Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360
Cost: \$250 *plus a one-time annual non-refundable \$25 registration fee*

Instructor: Kara Patchin, M.Ed., LABA, BCBA

Kara holds a Master's Degree in Special Education and is a Board Certified Behavior Analyst. She has worked for the Pilgrim Area Collaborative for 14 years in various capacities both in the classroom as well as providing home based services, professional development and school based consultation. She has an interest in using principles of Applied Behavior Analysis to teach all skills, but particularly social skills. Kara has run many social groups over the years and seeks to infuse fun and meaningful activities while teaching.



High School Group

This group will focus on the skills needed for developing and maintaining friendships-social interactions/relationships while continuing to practice important social skills. These skills include conversations (staying on topic, tolerating non preferred topics), shifting behavior to meet expectations in various settings, problem solving, and self-regulation. Each week will focus on topics that are of interest to teens and participants will have the opportunity to share their own interests and hobbies. This

program is designed for those students who currently participate in supportive special education programs and may be functioning below age/grade level expectations.

Schedule: October 7th-December 16th (9 sessions)
Day/Time: Thursdays, 4:30-5:45
Location: Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360
Cost: \$250 *plus a one-time annual non-refundable \$25 registration fee*

Instructor: TBD



PEERS® Social Skills Course for Adolescents

PEERS® for Adolescents is an evidence-based social skills intervention for motivated teens in middle and high school who are interested in making and keeping friends and/or handling conflict and rejection. Participants will learn about:

- Using social media and online platforms to develop and maintain friendships
- Conversational skills
- Entering and Exiting Conversations
- Electronic Communication
- Using humor appropriately
- Organizing get-togethers
- Being a good sport
- Handling disagreements
- Changing a bad reputation
- Handling teasing and bullying

This course will be offered in person. Teens will attend 15, 90-minute sessions throughout the year. Social skills are taught through didactic lessons and role-play demonstrations and teens have opportunities to practice these skills during online socialization activities. This program is designed for those students with average to above average cognitive abilities but struggle to understand the nuances of social interactions and relationships

Schedule: November 2, 2021-May 24, 2022 (15 sessions)

Days/Times: Tuesday, 4:00-5:30pm (11/2, 11/16, 11/30, 12/14, 1/4, 1/18, 2/1, 2/15, 3/1, 3/15, 3/29, 4/5, 4/26, 5/10, 5/24)

Location: Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360

Cost: \$450 *plus a one-time annual non-refundable \$25 registration fee*

Instructor: Joanna Silverman, M.Ed.

Joanna Silverman is a Social Emotional Coordinator for the Pilgrim Area Collaborative. She has over 20 years of experience working with students who struggle with the nuances of Social Communication. Joanna has attended Michelle Garcia-Winners Intensive Social Thinking™ Training and is a PEERS® for Adolescents Certified School-Based Provider.

REGISTRATION INFORMATION

If you are interested in registering for one of our groups, please use the link below to access our online registration form.

Payment plans are available upon request.

For additional registration or program information please contact Joanna Silverman at 508-747-6686 x2704 or jsilverman@pilgrimac.org

