



# PILGRIM AREA COLLABORATIVE EXTENDED SERVICES

## 2021-2022 Transition Learning Workshops

### PACES

Connecting SCHOOL – HOME – COMMUNITY

[www.pilgrimac.org](http://www.pilgrimac.org)

## Transition Learning Workshops 2021-2022

The transition of a child to adulthood can make any parent nervous, but the challenges faced by parents of a child with special needs often makes this journey more complicated. This multi-part series of learning opportunities introduces participants to the principles of transition needs, services and resources. The content of these will relate specifically to those individuals who are moving through transition from middle/high school to post-secondary settings. Participants will have the opportunity to learn specific information about creating independence, navigating services, and accessing resources. The target audience for this series is young adults, parents, administrators, and educators.

Topic	Details	Description
<p><b>Letting Go Slowly</b></p> <p>Presenters: Joanna Silverman, M.Ed. Irene Volpe Barry, M.Ed.</p>	<p><b>Date:</b> Tuesday, October 26, 2021 <b>Time:</b> 6:30-8:30 pm</p> <p><b>Location:</b> Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360</p> <p><b>No Cost</b> <b>Pre-registration required by:</b> <b>Thursday, October 21, 2021</b> <a href="#">Register Here</a></p>	<p>Do you wonder if you do too much for your child? Do you wish your child was more self-sufficient?</p> <p>Oftentimes families struggle to know when to increase expectations for their child’s independence and reduce the support they have always provided. There are no clear instructions to guide parents on this journey. This workshop will provide you with information about age appropriate expectations, tools to foster self-sufficiency and begin the discussion of letting go.</p>
<p><b>Transition Assessments as the Common Thread in the Transition Process</b></p> <p>Presenter: Mary Brennan, M.Ed., Certified Special Education Teacher and DESE Endorsed Transition Specialist.</p>	<p><b>Date:</b> Tuesday, November 2, 2021 <b>Time:</b> 8:30 am-12:00 pm</p> <p><b>Location:</b> Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360</p> <p><b>Cost:</b> \$100 <b>Pre-registration required by:</b> <b>Friday, October 22, 2021</b> <a href="#">Register Here</a></p>	<p>Transition assessments are an ongoing process of data collection on an individual’s needs, preferences and interests as they relate to the demands of living as independently as possible. Conducting meaningful assessments and creating appropriate programming to meet the needs of individuals often presents a challenge to many educators.</p> <p>In this workshop participants will learn how to navigate:</p> <ul style="list-style-type: none"> <li>• Age Appropriate Transition Assessment Toolkit</li> <li>• Formal and Informal Transition Assessment Models</li> <li>• How to effectively weave the Assessment findings into the IEP and TPF.</li> </ul>



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<p><b>Recognizing our Strengths &amp; Setting Personal Goals</b></p> <p><b>Part 1: Recognizing Strengths</b></p> <p><b>Part 2: Identifying Goals aligned with personal values</b></p> <p><b>Audience: Young Adults</b></p> <p>Presenter: Kara Patchin, M.Ed., BCBA</p>	<p><b>Date:</b> Thursday, November 4 and 18 <b>Time:</b> 6:30-8:30 pm</p> <p><b>Location:</b> Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360</p> <p><b>Cost:</b> \$40</p> <p><b>Pre-registration required by:</b> <b>Thursday, October 28, 2021</b> <a href="#">Register Here</a></p>	<p>This 2-part series is an opportunity for young adults to meet in a group setting and engage in activities that will help to identify their strengths and values while thinking about personal and professional goals. We will discuss why it's important to know our values when setting goals and how to use the S.M.A.R.T. goal template. Goal areas discussed will include personal growth, health, professional, social, and educational.</p>
<p><b>After 22 Resources</b></p> <p>Panel Presenters to include Representatives from the following Mass State Agencies:</p> <ul style="list-style-type: none"> <li>-DDS</li> <li>-DMH</li> <li>-MRC</li> <li>-DDS Family Support</li> </ul>	<p><b>Date:</b> Tuesday, November 30, 2021 <b>Time:</b> 6:30-8:30 pm</p> <p><b>Location:</b> Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360</p> <p><b>No Cost</b></p> <p><b>Pre-registration required by:</b> <b>Wednesday, November 24, 2021</b> <a href="#">Register Here</a></p>	<p>This highly interactive session will provide participants with valuable information regarding the often 'scary' transition into adult services. Adult agency representatives and transition specialists will be on hand to share their expertise. Whether your young adult will be entering the workforce, volunteering, participating in supported employment, living independently, or accessing specialized day or residential programs, you will leave this workshop with many useful tools, information, and resources.</p>
<p><b>Leisure and Recreation Fair</b></p> <p>Presenters/Materials: Social Skills groups Vendors for recreation programs ARC of Plymouth South Shore Supports ANNE</p>	<p><b>Date:</b> Tuesday, January 25, 2022 <b>Time:</b> 6:30-8:30 pm</p> <p><b>Location:</b> Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360</p> <p><b>No Cost</b></p> <p><b>Pre-registration required by:</b> <b>Thursday, January 20, 2022</b> <a href="#">Register Here</a></p>	<p>This workshop features a Resource Fair format where participants from local agencies will introduce their services. A variety of programs will be in attendance and have materials and resources to share. Parents won't want to miss this program that will help them gain important and practical information on how to help their children become more successful and independent in their ability to access social and recreational services as young adults.</p>



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<b>Independent Living Options</b>  Presenters/ Materials: DDS Friendship Home GATRA The Ride Section 8 Housing Low Income Housing	<b>Date:</b> Tuesday, February 15, 2022 <b>Time:</b> 6:30-8:30 pm  <b>Location:</b> Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360  <b>No Cost</b>  <b>Pre-registration required by:</b> <b>Thursday, February 10, 2022</b> <a href="#">Register Here</a>	A panel of individuals from state and local agencies will present information about services and programs that will help your child learn about options to increase their independence in adulthood  The workshop features presenters and materials from: Para Transit/Travel Training Programs State Low Income Housing Independent Supported Living settings State Agency options-DDS Adult Foster Care Services Respite Health Care Resources
<b>Go to Work Night</b>  Presenters/Materials: MRC Representative MassHire Work, Inc. Work Opportunities Triangle EEOC	<b>Date:</b> Tuesday, March 1, 2022 <b>Time:</b> 6:30-8:30 pm  <b>Location:</b> Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360  <b>No Cost</b> <b>Pre-registration required by:</b> <b>Thursday, February 24, 2022</b> <a href="#">Register Here</a>	Is your child wanting to work? Do you know how to help them?  This workshop will introduce participants to resources about pre-vocational and employment opportunities and support at work.  The contents will cover the following topics: Pre-Employment Training Employment Services Individual rights under the ADA at work How EEOC can support at work
<b>College Night</b>  Presenters/Materials: Quincy College Cape Cod Community College Massasoit Community College Bridgewater State University	<b>Date:</b> <b>Tuesday, March 29, 2022</b> <b>Time:</b> 6:30-8:30 pm  <b>Location:</b> Pilgrim Academy 42 Industrial Park Road Plymouth, MA 02360  <b>No Cost</b> <b>Pre-registration required by:</b> <b>Thursday, March 24, 2022</b> <a href="#">Register Here</a>	Is your child ready for college? Do you know what to expect?  This workshop will offer participants insight and resources about post-secondary education and vocational training options.  The contents will cover the following topics: Community College 4-year College or University Campus Office of Disability Services Inclusion options - EXEL program-MAICEI Program Scholarships

For registration information, or additional details about our workshop offerings please contact Joanna Silverman at 508.747.6686 x2703 or [jsilverman@pilgrimac.org](mailto:jsilverman@pilgrimac.org)