

The Pilgrim Area Collaborative Extended Services is pleased to offer this FREE Transition Learning Workshop:

## Letting Go Slowly

PAC

**TUESDAY, JANUARY 11, 2022**

**6:30-8:30 PM**

ON-LINE

ZOOM LINK WILL BE PROVIDED UPON  
REGISTRATION



### WORKSHOP DESCRIPTION:

*Do you wonder if you do too much for your child?  
Do you wish your child was more self-sufficient?*

*Oftentimes families struggle to know when to increase expectations for their child's independence and reduce the support they have always provided. There are no clear instructions to guide parents on this journey. This workshop will provide you with information about age appropriate expectations, tools to foster self-sufficiency and begin the discussion of letting go.*

### About the Presenter/s:

**Joanna Silverman, M.Ed., CHHC** is the Social Learning Coordinator for PACES. In her role as a coordinator, she provides professional development and consultation to families and school districts specifically in social skills development. Additionally, she supports students individually and during whole class instruction in SEL. She has over twenty years of teaching experience with children ranging from infancy to 22 years of age. Joanna has continued her education by completing the Social Thinking Clinical training with Michelle Garcia Winner, Collaborative Problem Solving with Ross Green, and Acceptance Commitment Therapy with Russ Harris. In addition to her teaching certification, she holds a Certification in Holistic Health Counseling, Trauma informed Yoga and is certified PEERS for school aged children instructor.

**Irene Volpe-Barry, M.S. Ed.** is a thirty-year veteran with the Pilgrim Area Collaborative. She is a Northeastern University alumna with a Bachelor of Arts in Education and a Master of Science in Special Education. She holds teaching certificates in Moderate and Severe Disabilities. She began her career at the PAC as a teacher until her 2014 retirement from the classroom. With enthusiasm for a new adventure, she joined the PAC Extended Services Department where she works as the Program Coordinator of the Learning for Life young adult service model which she helped to develop. Her work includes Transition Assessments, Extended Transition services, and working with the GAP Transition Program families as the Parent Liaison. She brings dedication, experience, wisdom that comes with age, and a passion for lifelong learning to the job.

**CLICK [HERE](#) TO REGISTER ONLINE. QUESTIONS? CONTACT:**

JOANNA SILVERMAN AT 508-747-6686 X2703 OR JSILVERMAN@PILGRIMAC.ORG